



Book Club For People with Aphasia

Are you looking to enjoy reading in a supportive environment?

Join us for a FUN and SUPPORTIVE Book Club!

Book Club Details

- **Meeting Dates:** Starts Thursday, February 22nd - May 2nd
 - (10 weeks total - no group March 14th)
- **Time:** 1:00-2:15 PM
- **Meeting location:** MnCAN Zoom - link will be email to you
- **Cost:** \$225
- **Book Title: Save Me the Plums Ruth Reichl**
 - Description:

Food writer and restaurant critic, Ruth Reichl, took a huge risk when she became editor-in-chief at *Gourmet* magazine. Here she shares her personal journey and the many challenges she encountered along the way.

Additional Details:

- All sessions are supervised by MnCAN Group Facilitator, Carly Cauley, SLP, with additional support of graduate students
- You will need to purchase the book on your own or check out through your local library.

- Registration is open to the first 8 MnCAN participants to express interest.
- Participants are assigned a few chapters a week (30-60 minutes) to listen to and/or read outside of our book club discussion meetings. During book club, we re-cap the chapters, hear your thoughts and opinions and do an activity related to the chapters to provide more opportunities to connect and communicate with one another. We have a lot of fun!

Please contact MnCAN by email: contact@mncan.org or call 612-524-8802 to register!