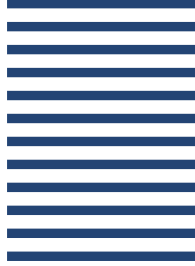
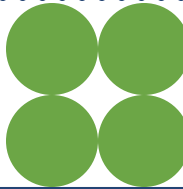
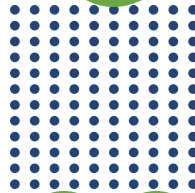


ANNUAL REPORT

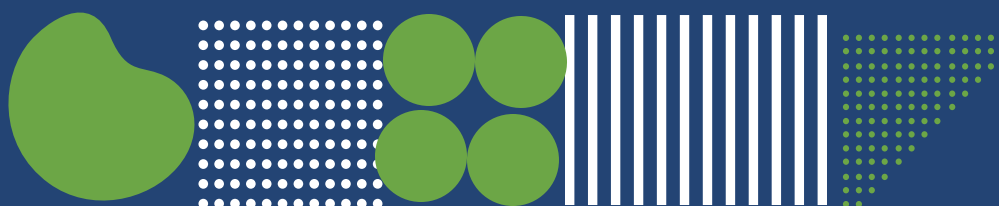
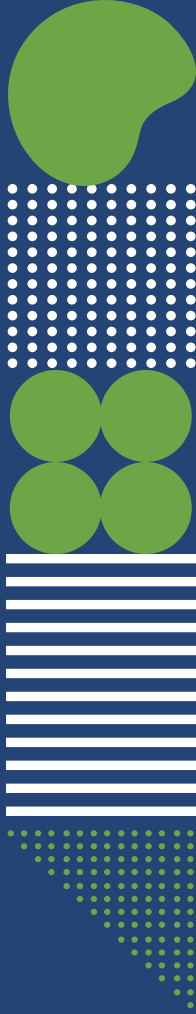


Building Strong *Connections* of Support
Encouraging new *Life Goals*
***Living Successfully* with Aphasia**
Fostering opportunities for *Progress*

20
22

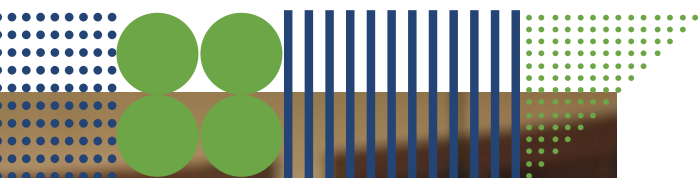
Contents

- Words from the Executive Director
- Vision and Mission
- MnCAN Team
- Programs and Services in 2022
- Financial Review
- A Word from our Participants
- Looking Forward



"The impact we make in the lives of those within the aphasia community far exceeds expectations and creates such a rewarding experience for our staff, board members, and speech language pathologists (SLPs)!"

Kayley Mundis
Executive Director



Words from our Executive Director

2022 was a year of growth and change for Minnesota Connect Aphasia Now (MnCAN)!

Founding Executive Director, Julia Halvorson, retired, and MnCAN welcomed new Executive Director, Kayley Mundis!

In 2022, over 130 people with aphasia, their families, and care partners found connection and support through MnCAN's services.

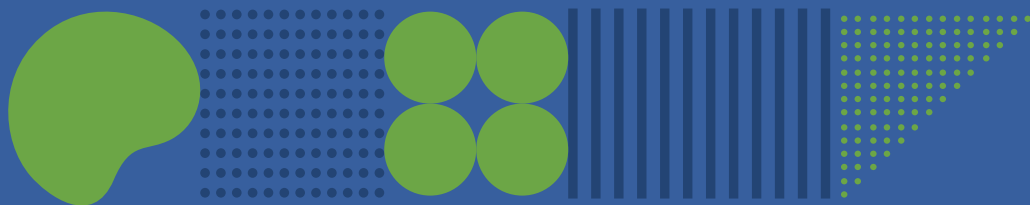
MnCAN hosted 44 students throughout the year who learned first-hand about the *Life Participation Approach to Aphasia*, and gained real-life experience directly supporting people with aphasia.

The need for connection within the aphasia community grew larger than ever in 2022. Two new conversation groups were implemented and one new program created due to referral demand and community need! By the end of the year, MnCAN offered a total of 17 programs and services!

Diverse approaches and opportunities were prominent in 2022. MnCAN's group facilitators, SLPs, utilize individualized expertise, patience, and commitment during each session. We truly enjoy seeing our participants in action, flourishing, learning new skills, and building meaningful relationships!

We are so thankful to have such dedicated supporters, employees, group facilitators, students, volunteers and board members. We could not serve the aphasia community without your efforts and commitment!

Kayley Mundis
Executive Director



Vision & Mission

Connecting the Aphasia Community

Living with Aphasia

Two million people in America have aphasia, yet many do not know what it is.

Aphasia affects the ability to speak, read, write, and understand what others are saying. It is most often caused by a stroke, a brain injury, or a progressive neurological condition.

The inability to communicate can cause devastating isolation.



Our Mission

The mission of MnCAN is to improve the life participation of individuals impacted by aphasia through comprehensive programs, education, peer connections and community support.



Our Vision

People with aphasia actively participate in life without barriers.

What Makes MnCAN Unique?

- MnCAN is the only nonprofit in MN dedicated solely to programs for people with aphasia and primary progressive aphasia.
- People with aphasia are connected through small groups that are consistent over time, allowing relationships to develop.
- The Life Participation Approach to Aphasia (LPAA) is emphasized to guide people to develop new life goals and work towards them with group support.
- Confidence is increased to encourage more life participation OUTSIDE of the group setting.
- All programs are facilitated or closely supervised by speech pathologists.
- People with aphasia practice functional strategies for everyday communication.



MnCAN Team

Board of Directors

In 2022, MnCAN secured a new board president, a new treasurer, and our first emeritus member! Looking forward, we plan to grow our board further to expand diversity, outlook, background and knowledge.



Garry Woessner
Board Treasurer



Staney Rostad
Board President



Linda Johnson
Board Secretary



Jeannie Bridgeman
Board Member



Cindy Busch, PhD, CCC-SLP
Emeritus Board Member



Barb Baker
Board Member

Leadership Team

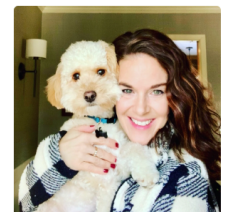
During 2022, MnCAN's founding Executive Director, Julia Halvorson, transitioned into retirement and we welcomed Kayley Mundis to the MnCAN team! Jessica Wald, SLP also joined the MnCAN team with focus in Program Development! The goal of this position is to expand outreach, identify needs, and develop programs that will benefit the aphasia community.



Kayley Mundis, MHA
Executive Director



Angie Maier MA, CCC-SLP
Program Coordinator



Jessica Wald, MA CCC-SLP
Program Development /

Programs and Services

Since its beginning nine years ago, MnCAN has grown from six conversation groups and 35 participants to 11 conversation groups, three specialty programs, and three support groups serving over 130 participants and care partners in 2022!

With your support in 2022 we were able to:

- add two new **conversation groups**, totaling 11 community based groups
- add one new **program**, totaling 17 offered programs and services
- provide scholarships for program tuition to over 25% of participants
- educate 44 students on the *The Life Participation Approach to Aphasia*
- hire a new executive director who trained simultaneously with founding director, Julia Halvorson

2022 BY THE NUMBERS

358

Number of community connection opportunities for people with aphasia and care partners

130

Number of people served

44

Number of speech pathology graduate students trained in LPAA through MnCAN groups

12

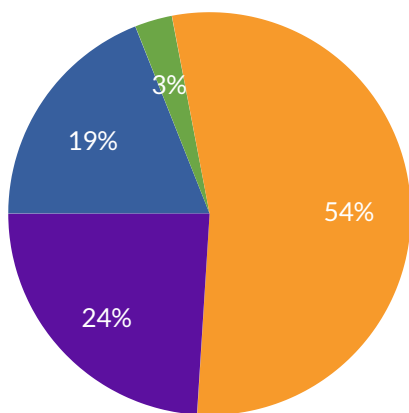
Number of Speech Pathologists providing groups and programs

Financial Review

REVENUE

MnCAN relies on individual donors and has worked to develop relationships with supporters over the past nine years. Our future ventures include focus on organizational foundations, grant opportunities, and new business sponsors.

Revenue Sources

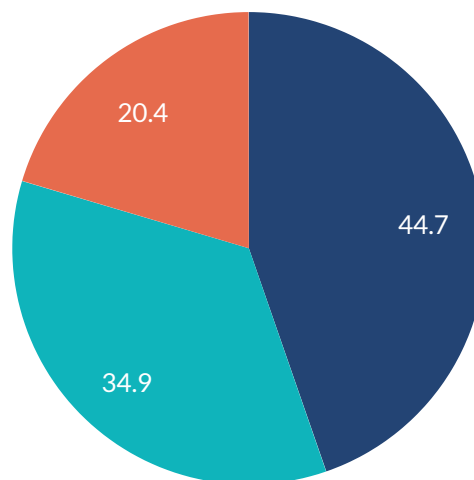


■ Program Revenue (19%) ■ Grants (3%)
■ Donations (54%) ■ Events (24%)

EXPENSES

We put much effort into developing and maintaining high quality programs facilitated by expert staff and contractors. We are proud of our ability to use resources as conservatively as possible, while still maintaining sustainability.

Expenses



■ Programs (44.7%) ■ Fundraising (34.9%)
■ Administration (20.4%)

2022 Source of Funds

Individual Contributions	91,858
Corporate Contributions	4,816
Grants	4,859
Program Revenue	33,093
Event	44,323

2022 Use of Funds

Programs	78,204
Fundraising	61,256
Administration	35,654

A Word from our Participants



"Gavel club helped me grow confidence speaking and writing. The added benefits of connection with other stroke survivors and support with general concepts of recovery was amazing." - Gina

"MnCAN has made me feel more included. Before I started MnCan, I was all by myself in my concerns and feelings. But since I've been participating, I feel like I have a network of support, from people just like me, who struggle with the same things as I do."

-Joel Mikres, MnCAN Participant



"I am so grateful to be part of this supportive community, and to connect with others going through the same experiences. We live to communicate!"



Julie and her mother Marilyn
Participants in MnCAN's PPA Support Group



MOVING FORWARD

Thank you for being a part of the MnCAN community! How fortunate we are to bring such a strong, connected community with us on our journey in 2023. We look forward to having you by our side as we venture ahead!

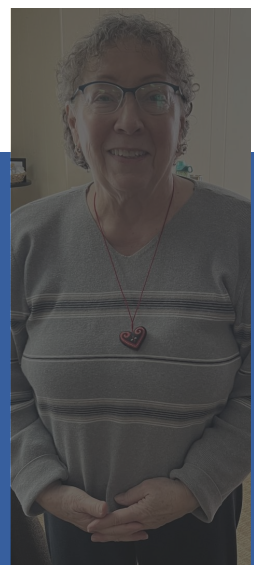
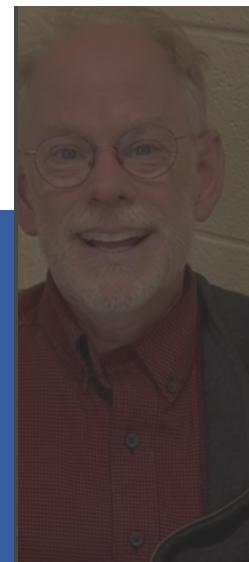
As the need for participation and connection continues to grow, two new conversation groups will be created to meet participant needs in 2023!

The implementation of a new Aphasia Education Program will occur in Fall, 2023! This much needed program will focus on *aphasia education* for people who are newly diagnosed with aphasia, for care partners, and for those who are community outreach partners.

We will continue outreach efforts to build relationships with referral partners, community supporters, healthcare systems, and colleges throughout the metro and the state!

With your continued support, we will have our most successful year yet. Our goal is to serve more people with aphasia and their care partners than ever!

As always, we will "stay connected" and "break barriers" for people with aphasia all year long!



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