Note on Resuming In-Person MnCAN Programming

Beginning in the Fall session 2022 MnCAN will be gradually integrating groups back into in-person meetings if requested by the group and pending locating an appropriate community site. We are asking all in person participants to consider everyone’s well-being when deciding how to participate in a MnCAN group.

Please participate remotely if you have viral symptoms such as fever and fatigue. Please consider your own and the community’s health and well-being when considering whether or not to be vaccinated and boosted and when it is appropriate to wear a mask. We understand that not everyone will feel safe being at in-person programs. We are committed to continuing our virtual programming so that all who are interested can find a means to participate in MnCAN’s programs.

We must be prepared for future surges of COVID and other viruses, and the procedure/offering of in-person programming may change pending increased risk. We must rely on our community’s wisdom and compassion as we navigate together these ever-changing conditions. Feel free to reach out to contact@mncan.org if you wish to discuss these issues further.
MnCAN Agreement for In-Person Programs

I agree to follow MnCAN's Guidelines for In-Person Programs:

1. I will not attend in-person programs if:
   - I am feeling ill or have a fever.
   - If I have been in close contact with anyone known to or suspected to have COVID-19 in the past 14 days.
   - If I have a suspected or diagnosed/confirmed case of COVID-19, flu, or other contagious illness.

2. I agree to follow the guidelines for returning to in-person programs following a COVID-19 exposure or diagnosis:
   A. Participants/leaders/students/volunteers exposed to COVID-19 through a close contact:
      - If fully vaccinated and do not show COVID-19 symptoms (fever, cough, shortness of breath), a COVID-19 test is recommended 3-5 days after exposure. Member may return if test is negative.
      - If unvaccinated and do not show COVID-19 symptoms (fever, cough, shortness of breath) may return 14 days after the exposure.
   B. Participants/leaders/students/volunteers who have tested positive for COVID-19:
      - Those who have tested positive for COVID-19 but have no symptoms, may return 10 days after a positive test.
      - Those who have tested positive for COVID-19 and have symptoms (cough, shortness of breath) may return when ALL of these conditions have been met: 10 days since symptoms first appeared and 24 hours with no fever without the use of fever-reducing medications and other symptoms of COVID-19 are improving (with exception of loss of taste and smell, which may last longer).
   C. Masks are optional, pending the facility’s guidelines where you are meeting for a MnCAN group.
   D. You are not required to be vaccinated; however, vaccination is highly encouraged.
   E. It is highly recommended that everyone practice social distancing and avoid unnecessary physical contact as much as possible, avoiding handshakes, hugs, etc.
   F. Regarding food and drink, it is recommended that one person be designated to serve all food and beverages following hand washing or use of hand sanitizer. In this way, multiple use of serving spoons or coffee pot/server is avoided, decreasing the risk of exposure.
   G. In the event that there is an exposure during a group meeting, we will notify individuals who may have been in contact with the participant and resume the exposed group in virtual format for a period of time as per the above guidelines.

Signature: ________________________________ Date: ____________________

Care Partner/Guardian of: (if applicable) ________________________________

JH 7/12/22
MnCAN COVID-19 Waiver of Liability

I waive my right to bring a lawsuit against MnCAN and release and discharge its officers, directors, managers, employees, or other representatives from actions, causes of action, damages, claims, judgments, and executions, or demands on behalf of myself or my legal representations in connection with exposure, infection, and/or spread of COVID-19 related to utilizing MnCAN's services (the “Waiver”).

I understand that this Waiver means I give up my right to bring any claims including for personal injuries, death, disease, or property losses, and give up any claim I may have to seek damages in connection with exposure, infection, and/or spread of COVID-19 related to utilizing MnCAN’s services.

I have been provided with MnCAN’s Guidelines for In-Person Programs.

I am aware of the risks of possible exposure to or contracting COVID-19 while attending programs at MnCAN's programs and am aware of virtual program alternatives. Nevertheless, I voluntarily elect to attend MnCAN programs with full knowledge and awareness of the possible health risks involved.

I agree to in-person programs with the restrictions outlined in the Guidelines for In-Person Programs. I am aware that these restrictions may change based on available national, state, and local guidelines for reducing the spread of COVID-19.

Signature: ________________________________ Date: ______________________

Care Partner/Guardian of: (if applicable) ________________________________